

Important Dates

- * Monday 11/3
NVHS visit for parents
at 5:00pm in Library
- * Wednesday 13/3
Naplan begins
- * Friday 15/3
School Photo Day
- * Tuesday 19/3
P&C Meeting 7:00pm
- * Athletics Carnival
- * Thursday 28/3
Easter Hat Parade
- * Friday 29/3
Public Holiday
Good Friday
- * Monday 1/4
Public Holiday
Easter Monday

Buddy Lunch



We acknowledge Darkinjung people as the Traditional Custodians of the land on which our school is built and pay our respect to Elders past, present and emerging.

Dear Parents/Carers,

Backflips Against Bullying

Last Friday, all our students K-6 were treated to a performance called Backflips against Bullying. The performers were very talented young men who managed to wow the audience with amazing flips and tricks while delivering some very important messages.

Some of the messages to students included:

- as a bystander they need to say 'hey, leave him/her alone' in order to stand up to a bully. This helps the victim know that they aren't alone.
- if someone is being mean to you, say something nice back. It's very hard to be mean to someone if they are being kind to you. We need to be calm and be confident.
- if being picked on – think – am I doing something that makes it more fun for the bully? (If you don't react the bully gets bored, if you react the bully thinks it's fun).
- not including someone (excluding) is also bullying.
- bullying can affect people for a really long time. It can change the way they act and feel. A little bit of 'fun' can be very hurtful.
- if you know someone who gets picked on a lot, say something nice to them when you see them.
- Retaliation (fighting back) is the worst thing you can do. You may get in trouble and the bully may pick on you again next time because they got a reaction.

The main mantra of the performance was 'bullying doesn't make you tough' teachers will be following up this program with lessons in their classrooms as part of their PD/Health lessons.

Communication with Staff – correct channels and appropriate times

If you are trying to reach your child's class teacher, our preferred method of communication is via Sentral Portal. At times we understand that you may wish to reach another teacher, the best method of communication for this is by calling the school office and leaving a message for them to call you back. Alternatively, you can send an email to the school with the staff members name as the "Subject".

School teaching staff will respond to messages on Sentral and emails after 8:30am and before 4:30pm. We understand it may be your only chance to message outside of these times, that is fine, just understand you will not get a response immediately. Please understand that outside of these hours is their private family time and they deserve the chance to switch off from work. Please also understand that if a teacher is off school sick or has duties, they may not see the message the next morning. For anything urgent, your best option is always to call the front office and your message will be given to the most appropriate person on that day.

Please note that the school Facebook page is not monitored by all staff and not during school hours and therefore is not an appropriate way to send a message. The Facebook messenger function is to be used for out of school hours important matters only – e.g., needed to reach a child while on an overnight school excursion.

Mobile Phones

Just a reminder that mobile phones are banned in all public schools in NSW. We understand that some students require a mobile phone after school in order for parents to contact them after school in regard to pick up arrangements and/or for their safety walking to and from school.

It is a requirement that all students who bring mobile phones to school, take them to the front office on arrival at school and sign them in. They will then need to collect them after the bell in the afternoon.

Please note: if any student is found to be in possession of a phone during the school day, it will be confiscated. Parents will be required to pick up the phone in person in order for it to be returned. Please talk to your child about the system in place and ensure they are bringing the phone to the office each morning. Furthermore, if they do not need it for safety reasons, we recommend they do not bring it to school at all.

Breakfast Shack

Our Breakfast Shack is continuing to pump along each morning with lots of children stopping by to fuel their bodies for the day. Our student leaders are doing a wonderful job serving and helping and of course, our amazing SLSOs go above and beyond every day. Just a reminder that parents are welcome to stop by too, particularly if your little one is having a hard morning and you are struggling to get them in the gate – why not come together to Breakfast Shack!

Student Leadership Team

Last Friday, I had the chance to have lunch with our 2024 Leadership team. We had a great time discussing the year ahead and what they each are looking forward to. They then went on to run their first ever Superstar Assembly and each did an amazing job. Well done team!

Athletics Carnival

Our notes for the school athletics carnival have been sent home. Please ensure you return these notes (online or paper version) as soon as possible, so that we can ensure we have the correct number of buses ordered. As you are aware, students have the option of travelling by bus to the carnival or travelling by private transport. Some important things to note:

- All students (aged 8 and up) are expected to attend the carnival. There will be no supervision available at school.
- If travelling by bus, you must be at school by **8:45am**. The bus will be leaving promptly at **9:00am**. Students late to school will miss the bus.
- If competing in the 1500m, you **MUST** get your own transport there as that event commences at 9:00am.
- Students compete in the age group they are turning **THIS YEAR**.
- With our new format (program was attached to your note), there will be events running for all age groups at all times throughout the day. We are hoping that all students will have a go at all events to get the most out of their day.

Have a wonderful fortnight!

Lyndal Coleman
Principal

Did you know?

Many hamsters only blink one eye at a time.

SUPERSTAR AWARD WINNERS

Congratulations to the following students for receiving their Superstar Awards.

One Star

Kenley M. (1Y)	Matthew M. (2C)	Mackenzie M. (2C)
Callie Y. (2M)	Anna R. (2M)	Jack B. (6A)

Two Star

Max F. (K/6E)	Monique O. (4T)
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Congratulations!

Three Star

Charlotte C. (4T)	Isabella L. (5G)	Nina R. (5G)
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Four Star

Jackson W. (6A)	Eila K. (6D)	Janco H. (6C)
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Vicki Young

Deputy Principal

WORKING TOGETHER FOR STUDENT ATTENDANCE AND TO MAXIMISE LEARNING

We want to do all we can to be sure your child achieves their potential and enjoys being in school. We know that school is the best place to learn. By attending school every day, your child will get the most out of their learning and improve their career and life options.

When your child is absent, it is important you let the school know, including the reason why, on the day or the day before. This helps make sure we know where our students are and offer support for you and your family if needed.

If you are having trouble getting your child to school every day or on time, please talk to our school staff so we can work together, because every day counts.



Missing a day here or there may not seem like much, but absences add up and can negatively impact your child's learning and wellbeing. When your child misses one day per fortnight, that's 4 weeks of missed learning in one year. Over an entire school journey this adds up to 1 year of lost learning.

Tenneille Melvin
Deputy Principal (Rel.)

MSP SCHOOL PHOTOS - Friday 15th March, 2024

Our photo day is fast approaching. Photo envelopes will not be sent home this year. Instead all parents/carers will receive an email directly from MSP with ordering details through the MSP online platform this week. The email account used will be the same as the one that you have provided to the school. Please be sure to check your emails. If you do not receive an email from MSP this week, **please contact MSP directly on 02 49668292** for ordering details. There will be a limited number ordering envelopes available for collection from the school office for families who do not have email accounts. **Pleased note that all orders for sibling photos must be placed online the day before photo day (14th March, 2024)** - no sibling photo orders will be accepted on the day of the photos. Also, for single parent family orders, please contact MSP by phone if you require your orders to be placed and delivered to the school as "Mum's copy" or "Dad's copy".

Vicki Young
Deputy Principal

YEAR 6 STUDENTS

Please read the information from Narara Valley High School about 2025 Year 7 transition information and programs in this week's newsletter.

The staff from Narara Valley High School will be at our school next Tuesday for some taser lessons, which all Year 6 students will participate in.

On Monday 11th March, 2024 staff from Narara Valley High School will be in our school Library from 5:00pm providing some information for the parents/carers of our current Year 6 cohort.

Any questions, please email: elliott.dawkins@det.nsw.edu.au

Elliot Dawkins
Stage 3 Coordinator

RECYCLING PROGRAM

The Green Team at Niagara Park Public School will be recycling bottles and cans. Recycling bags will be attached to the bins where the students eat and students will be encouraged to place their recyclable drink containers in the bags instead of the bin. This will hopefully reduce our waste within the school and increase the students understanding of the importance of recycling and caring for our environment.

Money raised by this initiative will be used to supplement our student welfare programs including Breakfast Shack and providing recess and lunch items for students in need.

The Green Team

SPORTING NEWS

On Tuesday 5th March, 2024 Brendan L., Oscar L., Aden R., Sonny M., Billie M., Lexie M. and Jayla D. represent our school at the Brisbane Water PSSA Zone basketball trials.

The teacher running the trial spoke highly of the quality of our players and congratulated them on their wonderful sportsmanship on the day.

A big congratulations to Aden, Sonny and Jayla who have progressed to the Sydney North Trials held later this month.

Well done to all our attendees and we wish our students all the best at the next trial.

Blake Hormann
Sports Coordinator



HARMONY DAY

Celebrating Our Cultural Diversity

TUESDAY 19TH MARCH

Students are to wear orange or cultural dress.

To celebrate classes have been learning about another culture or country and will share an artwork in an art exhibition around the school.

An illustration at the bottom of the poster shows a group of diverse people in traditional cultural attire. To the right, there is an illustration of hands painting a mural of a house on a wall, with various art supplies like paintbrushes and a palette nearby.

NARARA VALLEY HIGH SCHOOL

Year 7 2025 Transition

School tour and Specialist Program Information Evening

Tuesday 19th March, 2024

4.30-5.30pm: School tours
5.45-6pm: Year 7 2025 Information
6-6.30pm: Specialist Program Information

For more information:

VISIT OUR WEBSITE:

<https://nararavally-h.schools.nsw.gov.au/learning-at-our-school/specialist-programs.html>

A circular inset image showing a classroom scene with students sitting at desks, some using laptops. A teacher is standing at the front of the class.

NARARA VALLEY HIGH SCHOOL

Primary School Visits

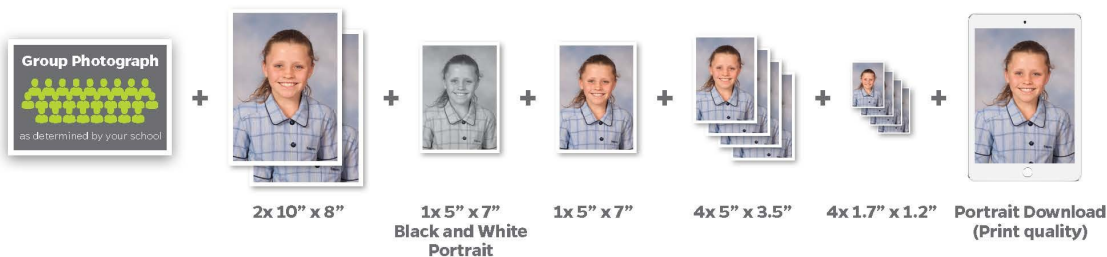
Tuesday 5th March	Wednesday 6th March	Wednesday 6th March
9.15 - 10.30am	9.40 - 10.55am	11.45 - 1.00pm
Niagara Park Public School	Wyoming Public School	Valley View Public School

NVHS staff will visit our partner primary schools and students will participate in a range of high school lessons.

For more information please visit our schools website:
<https://nararavally-h.schools.nsw.gov.au/>

Premium Pack

\$54



Classic Pack

\$51



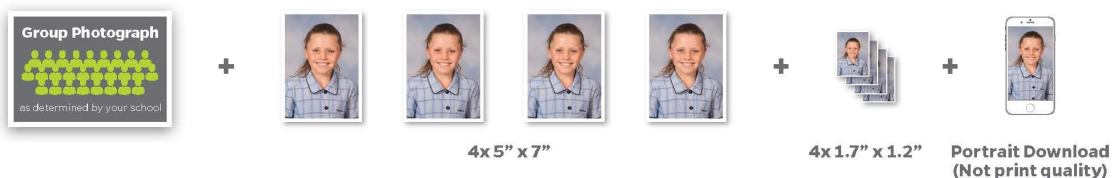
Value Pack

\$48



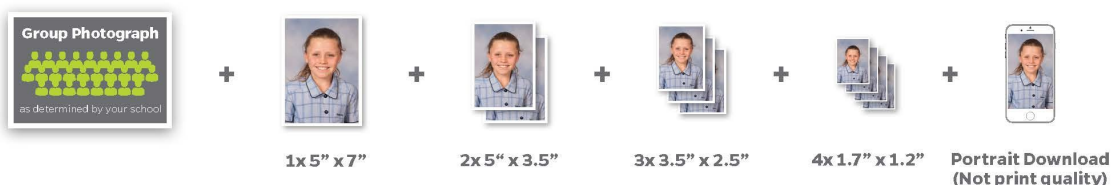
Essential Pack

\$46



Basic Pack

\$44



Gift Pack*

All 12 items

\$15



*Only available when purchasing one of the packs listed above.

Group Only



\$27

**PRE-PAY
ENVELOPE**

2024

More products and options
available - **Order Online!**
www.msp.com.au

**Deluxe
Pack**
\$35



1x 10" x 8"

+



2x 5" x 7"

+



2x 5" x 3.5"

+



Portrait Download
(Print quality)

**Value
Pack**
\$30

**Best
Value for
Money**



2x 5" x 7"

+



4x 5" x 3.5"

+



Portrait Download
(Not print quality)

**Standard
Pack**
\$25



1x 5" x 7"

+



2x 5" x 3.5"

+



Portrait Download
(Not print quality)

**Gift
Pack***

All 7 items

\$15

*Only available
when purchasing
one of the packs
listed above.



1x Photo Calendar
10" x 8"

+



4x 2.5" x 1.8"

+



2x Photo Gift Tags
2.5" x 5"

msp
photography



**Money
Back
Guarantee**
(conditions apply)

**CAPTURING
SCHOOL
MOMENTS**



NIAGRA PARK

WEDNESDAY (10+ YRS)
STADIUM
4:30PM - 6:30PM

THURSDAY (6-9 YRS)
SCHOOL
3:15PM - 5:15PM

Dance Club is a 2-hour all rounded program where dancers learn :
Acrobatics * Jazz * Contemporary * Hip Hop

Mid Year & End of Year Show Opportunities.

NEW ENROLMENT OFFER

- Receive a free pair of dance shoes when you enrol*
- Enjoy 20% off next month's fees*
- No registration fees
- Pay month-to-month

*Bring a friend, and you both get an extra 20% off next month! Attend a Free Trial & enrol online by midnight on the same day, and your dancer gets free pair of Dance Shoes! *This offer only valid 15th of February - 15th of March 2024*







COME FLY IN 2024

REGISTRATIONS NOW OPEN!

2024 REGOS NOW OPEN!

Come play Rugby League with the Central Coast's oldest club ...

U6-U7: FREE
U8-U9: \$20
U10s-U13s: \$100
U14-U17: \$170

U13 Girls Tackle: FREE
U15 Girls Tackle: \$100
U14-U16 Tag: \$100

To register, simply visit
www.playrugbyleague.com
 and follow the prompts to
 Ourimbah JRL ...