

**Important Dates**

- \* Monday 29/8  
CCDF Dress Rehearsal
- \* Thursday 1/9  
Fathers Day Stall
- \* Monday 5/9  
Year 6 Interrelate
- \* Tuesday 6/9  
CCDF - Stage 1
- \* Thursday 8/9  
CCDF - Stage 2
- \* Friday 9/9  
P&C Colour Run
- \* Monday 12/9  
Swim School  
Commences
- \* Interrelate Program  
for Year 6 Begins
- \* Kindergarten Bush  
Picnic Excursion
- \* Thursday 15/9  
CCDF - Stage 3
- \* Tuesday 20/9  
P&C Meeting
- \* Wednesday 21/9  
Musica Viva
- \* Thursday 22/9  
Year 6 Fun Fair
- \* Friday 23/9  
Superstar Assembly
- \* Term 3 Ends

## World Vision - Around the world!



*We acknowledge Darkinjung people as the Traditional Custodians of the land on which our school is built and pay our respect to Elders past, present and emerging.*

Dear Parents/Carers,

What a lot of fun our students had on Wednesday making 'trips around the world' raising money for our World Vision children. There were lots of discussions about why they were raising money and some healthy competition between classes.

### Around the Rooms

This week I got to visit the Stage 2 classrooms to spend time with the students engaged in their learning.

3J, 4T and 3M were all busy in literacy groups. 3J were writing about the platypus so I got to share a video of a platypus I saw in the wild. 4T amazed me with their independence as they worked through their must dos including upskilling sentences and using the dictionary to find word meanings. I finally got to spend some extended time in 3M (they are usually heavily engaged in discussion when I visit) where they shared their simile work, one pagers and power sentences. Phoenix, Tillie, Vika and Priya enjoyed discussing connectives with me and sharing their one pagers. 4H were busy reading Charlotte's Web when I arrived and drawing what they visualised in the story. Harlo and Kiara gave some very clever answers to Mr. Hormann's questions. Morgan showed how beautifully he reads with expression and Penny, Mason, Elia and Luke wowed me with their detailed drawings. Unfortunately, 4L were deeply engaged in a difficult Maths

lesson, so I will have to visit them next time.

Congratulations to Blake R. (K/6W), Brianna McL. (KE), Lucy B., Jeff S. and Billie W. (2G), Emily K. (4T), Sam O. (5G) for reading for 100 nights and the first of our children who have read for 200 nights - Aaron D. (1Y), Tayeisha T. (4L), Amber D. (5T) and Estelle H. (KM). Fabulous work everyone!

### **Staffing News**

Congratulations to Mrs Michelle Weary who was successful through merit selection in gaining herself a full time permanent position as an SLSO in our Support Unit.

Further congratulations to Ms Amber Williams who had a beautiful baby boy Zachariah on 11th August. Both mum and bub are doing well.

### **Playground Upgrade**

Finally, we have been able to get our new rubber play surface down under our playground equipment in Area 4 and reopen the playground. Our Years 3-6 students have been loving the opportunity to be back on the equipment again. It looks fabulous!



### **P&C Colour Explosion**

Our P&C Colour Explosion is fast approaching. Permission notes have gone out today with further details about the event. The information that was in our Week 2 Newsletter has been included again this week for those who missed it. For now, all you need to do is to continue fundraising, ensure you have a white shirt and return the permission note to school. Here are some interesting statistics we can share 2 weeks out from the event:

- At this stage, we only have 189 students who have set up a profile. (With an enrolment of over 500 students, I think we can get many more signed up this weekend!)
- The class with the highest money raised is currently 4H. (They are in line for the pizza party!)
- The student who has raised the highest so far has raised \$660!!!!

### **Social Media Concerns**

From time to time, we have issues raised with us in regard to student online behaviour and in particular students receiving unkind messages from other students via social media. As these instances occur outside of school, it is not something we can really control but we do often have to address the fall out that occurs within the school. Despite none of our students being legally old enough to have Instagram or Snapchat, we understand many parents have allowed it. We therefore encourage parents to monitor their child's social media behaviour.

As parents, make sure you know how to use social media platforms yourself and constantly monitor your child's use of social media. Parents are advised to have the passwords to all accounts and regularly check that they are being used appropriately and respectfully. These websites can help parents and carers discuss social media safely and constructively:

<https://www.esafety.gov.au/>

<http://www.thinkuknow.org.au/>

### **How to delete Instagram permanently:**

*You need to log into Instagram via the website - not the app. You cannot delete your account within the Instagram app.*

Open a web browser and go to [www.instagram.com](http://www.instagram.com)

Log in to your account and click on **Help Centre - Managing Your Account**

Choose Delete Your Account

Select an option from the drop-down menu next to **Why are you deleting your account?** and re-enter your password.

The option to permanently delete your account will only appear after you've selected a reason from the menu.

Click or tap **Permanently delete my account**.

### **How to delete Snapchat permanently:**

Go to Snapchat.com and log in, or use the app

Click on 'Support' (under 'Community' at the bottom of the page on the web page)

Select 'My Account & Security'

Select 'Account Information'

Click on 'Delete My Account'

Follow the link "page" to Snapchat's [Accounts Portal](#)

Enter your username and password

Enter your username and password again and hit 'Continue.'

That's it. As long as you don't log into the app for the next 30 days, your Snapchat account will be terminated for good

**Lyndal Coleman**

**Principal**

**Did you know?**

*That Walt Disney was afraid of mice.*

### **SUPERSTAR ASSEMBLY**

Congratulations to the following students who received their Superstar certificates last Friday and to our Big Mover recipient.

#### **One Star**

Parker C.	(1Y)	Ava R.	(2F)	Monique O.	(2F)
Cleo S.	(2F)				

#### **Two Star**

Liam M.	(2C)	Sophie E.	(3J)	Zack G.	(3J)
Tarnia L.	(3J)	Isabella L.	(3M)	Bailey M.	(4H)

#### **Three Star**

Kiara O.	(4H)	Jayda M.	(4L)	Dasha S.	(4T)
Silas L.	(4T)	Oscar W.	(5S)	Jackson H.	(5T)

#### **Four Star**

Chloe B.	(4T)	Cadi W.	(5G)	Amber D.	(5T)
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### **BIG MOVER AWARD - Riley R. (6A)**

Riley consistently demonstrates and upholds our school rules of being safe, respectful, responsible and proud. He has developed into an upstanding school citizen who can be relied upon by his teachers and peers to help in any way he is able to.

Riley has a thirst for knowledge and always attempts to seek out new information on topics which he is not familiar with. Regardless of how challenging a task may be for Riley, he has a "never give up" attitude which has resulted in some pleasing progress in many areas this year. Socially, Riley has matured and has formed some firm friendships amongst his peers.



Riley has a keen interest in sports and it has been his goal to improve his skills in a variety of sports this year. He has worked hard, especially in the field of basketball and is proud to have been accepted into Narara Valley High School's Targeted Sports Program. We are confident that he will continue to build his skills in this area.

Riley, we love your dedication and positive attitude. Congratulations on receiving the Big Mover award!

**Vicki Young**  
**Deputy Principal**



### **TELL THEM FROM ME STUDENT SURVEY 2**

This term, our school is taking part in the Tell Them From Me Student Survey 2. The survey will provide us with valuable feedback on what our students think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help them improve.

The survey is completed online and is run by an independent research company, The Learning Bar which specialises in school-based surveys. Staff in schools will not be able to identify individual students from their responses. To ensure confidentiality, participating students will receive a unique username and password. Where fewer than five students respond to a question, the results will be suppressed. The survey typically takes 30 minutes or less to complete and will be administered by the school during normal school hours. Once the surveys are completed by students, reports are prepared and in most cases are available to schools within three business days.

This survey will help our school better understand how to improve student wellbeing and engagement. It will help the school identify what works to improve student outcomes. Participating in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish. If, during the survey, your child is uncomfortable, he/she can choose to stop the survey at any time. The majority of questions in the survey can be skipped.

If you do not want your child to take part in the survey, please complete the opt-out note sent home this week and return it to the school by **Wednesday 31st August, 2022**.

**Vicki Young**  
**Deputy Principal**

### **KINDERGARTEN NEWS**

This term, we have two special days planned for Kindergarten. On Monday week 9, Kindergarten will be going on a Bush Picnic Excursion. Students wear bushwalking clothes and bring a rubbish-free lunch. They will also need to bring a stuffed toy, preferably an Australian animal, otherwise, bring a stuffed teddy.

On Monday week 10, Kindergarten is having a pirate themed day. They are to dress up as a pirate. No money or permission notes are needed, it is just an opportunity to have a fun day in class.

### **Kindergarten Teachers**

### **OFFICE GOSSIP**

Please make sure that if you are sending money and permission notes to school with your child, that they are placed in a clearly labelled envelope or zip lock bag. Regularly, we find loose coins in the "Cookie Monster Mouth" and it proves to be a tricky and long process trying to solve the mystery of who it belongs to. Thank you for your cooperation.

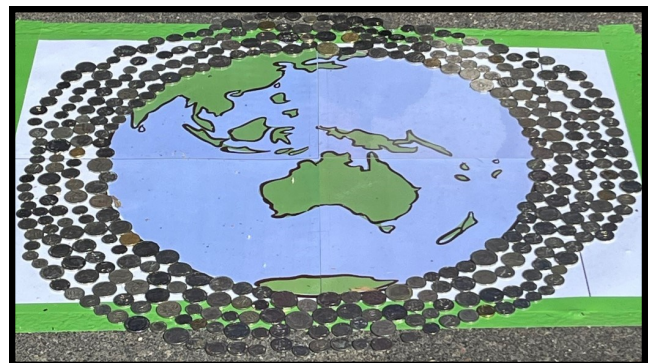
## ATTENDANCE MATTERS

When your child misses school, they miss important opportunities to learn, make friends and build skills through fun.



## WORLD VISION - AROUND THE WORLD

The Student Representative Council would like to thank the Niagara Park school community for their generous donations to World Vision. Each class had an opportunity to compete with their stage for the greatest number of laps around the world using their coin donations. We would like to congratulate KS, 2F, 3J and 5G for their winning contributions.



With the support of our Niagara Park Public School families, we raised \$1,180 and have been able to fund the sponsorship of our two children for another year; providing them with clean water, nutritious food, access to education and greater child protection.

## Student Representative Council

## SPORTS NEWS

### Touch Football Gala Day

On Tuesday 16th August, 2022 some of our Stage 3 students participated in a Touch Football Gala day at Hylton Moore Oval. All of our teams displayed great sportsmanship, teamwork and skill all while having fun.

Thanks to parents/grandparents/carers who helped with organisation of teams and provided support, encouragement and transportation.

**Shara Toomey**  
**Touch Football Coordinator**



## PSSA NETBALL KNOCKOUT

On Thursday 18th August, 2022 the Niagara Park PSSA Netball team played their round 4 Knockout game against Janali East Public School. We travelled down the freeway to Southern Sydney to play. The team arrived, ready and raring to go. We were very excited to have made it to the top 16 teams in the competition.

It was a tough game, the opposition were good. We stayed within 2 or 3 goals until the final quarter and just couldn't quite keep hold of the ball enough and ended up going down by 9 goals, 31 to 22.

I am so proud of the improvement the students have made through training and games. They listened and took on board feedback to make themselves better players and team mates. I was very proud of their sportsmanship on and off the court.

A HUGE thank you to their parents for transporting the students throughout the competition, especially today, such a long way to go. I would also like to thank our umpire who travelled to all our games and did a wonderful job of umpiring and warming up the girls, thanks Liv. Well done team!!

**Ali Carlisle & Shara Toomey**  
**Netball Coordinators**



CENTRAL COAST  
**ARAFMI**  
MENTAL HEALTH AND MORE



**Uniting**

## **Tuning in to Teens** **Emotionally Intelligent Parenting** A free, five-session parenting program for parents of adolescents aged 10 – 18

Would you like to learn how to:

- Improve ways of talking with your teen?
- Develop a better understanding of your teen?
- Help your teen learn to manage their emotions?
- Help to prevent behaviour problems in your teen?
- Teach your teen to deal with conflict?

*Tuning in to Teens shows you how to help your teen develop  
emotional intelligence*

**Parent Testimonies: "thought provoking", "helpful", "I can see it working", "I feel  
that I have more hope".**

Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success

Emotional intelligence may be a better predictor of academic and career success than IQ!

**Where:** Central Coast ARAFMI, 21 Bellbowrie Ave, Narara, NSW 2250

**When:** Every Tuesday from October 18th - November 15th 2022.  
9.30am - 11.30am.

**Bookings essential.** For further information and bookings please contact: Kirsty 0435 591362





Thank you so much for continuously supporting our school, especially through fundraising. This term, we are hosting a Colour Explosion School Fun Run to raise money for some new outdoor seating for our school, and some new classroom support equipment.

**Did you know?** Students raise 3x times more when they fundraise online! Visit [www.australianfundraising.com.au](http://www.australianfundraising.com.au) to create your child's cybersafe fundraising profile. Instructions are in your child's sponsorship booklet. You have until 09/09/22 to fundraise, so make sure you get cracking!

**The big day is coming!** We are so excited to host our Colour Explosion School Fun Run on Friday 09/09/22. On the day, make sure your child brings a white shirt for the Fun Run! They will be covered in non-toxic, high quality colour powder from head to toe! They will also need a water bottle and their hat.

**How do prizes work?** Help your child fundraise more by setting a fundraising goal! It's okay if they change their mind as you order their preferred prizes at the completion of the fundraiser.

You can order your child's prizes online at [www.australianfundraising.com.au](http://www.australianfundraising.com.au) between 10/09/22 and 16/09/22 11.59pm. Alternatively, complete the back page of your sponsorship booklet when you return your cash donations. Students can choose a prize based on the total amount of dollars raised, or mix and match smaller prizes.

**Share in \$200,000 worth of extra prize credit!** Achieve bigger prizes by helping your child earn bonus credit on their online profile. By creating an avatar, sharing your page with friends and reaching milestone donations, you can share in \$200,000 of extra prize credit!

**Monstar Madness.** There are heaps of prizes you can win when you fun-raise with Monty! Create your fundraising page in the next 7 days, and you will receive a Holographic Monty Sticker! Check out your sponsorship booklet for more awesome Monty prizes up for grabs, like a Monty Plush toy, a bag tag or a high-bounce handball!

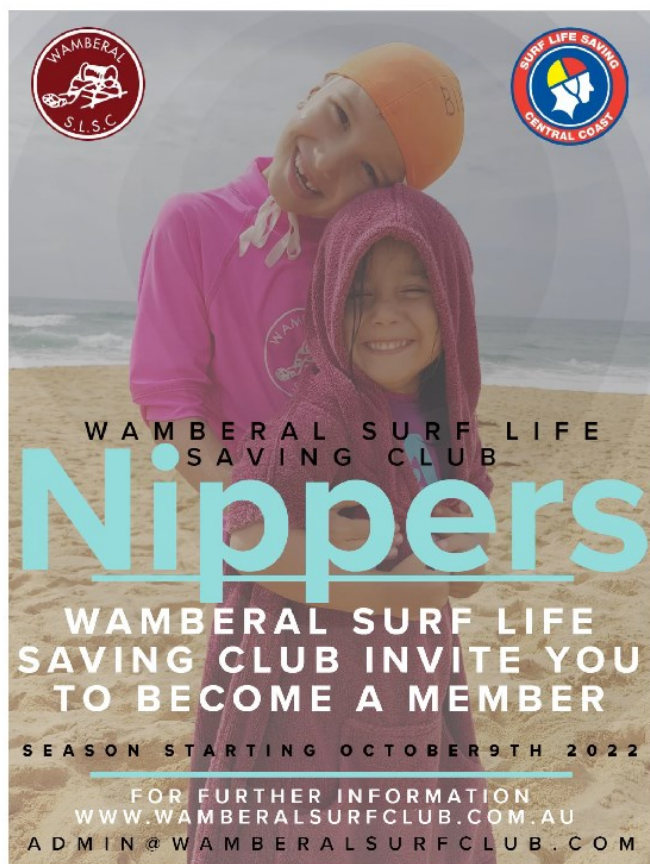
**Win a \$10,000 JB Hi-Fi Shopping Spree.** Do you think you can top our school's leader board? The highest fundraising student in our school will go into the draw to win a \$10,000 JB Hi-Fi Shopping Spree, including your choice of televisions, laptops, phones, home accessories and more! Start fundraising at [www.australianfundraising.com.au](http://www.australianfundraising.com.au) for your chance to win.

**Fund-Razor of the Year Award.** Do you think you can top the national leader board? Australia's highest fundraising student in Australia will win a Razor Prize Pack, worth \$3,000!

Thanks in advance for your support, and happy fundraising!

Niagara Park Public School P&C Association.

## NIAGARA PARK PUBLIC SCHOOL



**WAMBERAL SURF LIFE SAVING CLUB**

# Nippers

**WAMBERAL SURF LIFE SAVING CLUB INVITE YOU TO BECOME A MEMBER**

SEASON STARTING OCTOBER 9TH 2022

FOR FURTHER INFORMATION  
[WWW.WAMBERALSURFCLUB.COM.AU](http://WWW.WAMBERALSURFCLUB.COM.AU)  
[ADMIN@WAMBERALSURFCLUB.COM](mailto:ADMIN@WAMBERALSURFCLUB.COM)



**OCEAN BEACH SLSC NIPPERS**

At Ocean Beach we offer a fun and active lifestyle choice for children aged between 5 and 13, within a relaxed family environment. Come along to our registration days and learn how your children can become a qualified lifesaver, whilst enjoying the beach.

**REGISTRATION DAYS**  
 DATES: Sunday 4th & 11th September 2022  
 TIME: 9am - 10.30am  
 WHERE: Ocean Beach SLSC (downstairs)  
 ACTIVE KIDS VOUCHERS ACCEPTED

**MORE INFORMATION** PHONE - (02) 4344 2800 OR VISIT OUR WEBSITE [www.oceanbeachslsc.com](http://www.oceanbeachslsc.com)



**GOSFORD KARIONG Rugby League Football Club**

*Mate ship!*

*Come and Play Rugby League*

*Maximum Fun!*

Quality Coaching, Guaranteed

**INFORMATION NIGHT**  
 WEDNESDAY 31<sup>ST</sup> AUGUST 2022  
 ADCOCK PARK 5pm - 7pm

<u>GIRLS</u>	<u>WOMENS</u>	<u>GIRLS</u>
<u>LEAGUE TAG</u>	<u>OPEN TEAM</u>	<u>TACKLE</u>
U14's & U16's		U13's, U15's, U16's

GOSFORD KARIONG RLFC ARE RECRUITING FOR THE FOLLOWING TEAMS  
 U13's, U15's and U17's Girls Tackle  
 U14's and U16's Girls League Tag  
 Women's Opens Team  
 email [gkrego@outlook.com](mailto:gkrego@outlook.com) or call 0402 190 282 for further information



**NORTH AVOCA SLSC**

**New Member Registration Day**  
 Come along and meet our club representatives. We are a fun, friendly and family orientated Club.

**2022/23 Season**  
 Sunday 11<sup>th</sup> September  
 3pm - 5pm @ NASLSC

All Members are invited to SIPS and a BBQ from 5pm