



Niagara Park Public School

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30th April, 2024

CROSS COUNTRY CARNIVAL

Dear Parents/Carers,

This year, our Cross Country Carnival will be held at school on **Friday 10th May, 2024** commencing at 10:45am. Parents/carers are invited to attend. Due to the construction work currently being undertaken at our school, we ask for you to please sit on the far end (closest to the car park) of our bottom basketball court. You may also choose to sit up along the pathway towards the bottom gate or along the back fence line, from the big tree towards the bottom gate.

PROGRAM

All times are approximate

10:55am War Cry's on the Area 4 Hill - Students sit in their house colours

11:05am Kindergarten Race = 1 lap

11:10am Year 1 Race = 1 lap

11:15am 7 Year Old Race = 1 lap

11:25am 8/9 Girls = 3 laps

11:30am 8/9 Boys = 3 laps

11:45am 10 Girls = 3 laps

11:50am 10 Boys = 3 laps

K-2 will return to class after all 8/9 years have finished. Approximately 12:00 noon.
I will announce for these students to move to their teachers.

12:10pm 11 girls = 5 laps

12:15pm 11 boys = 5 laps

12:30pm 12/13 girls = 5 laps

12:35pm 12/13 boys = 5 laps

Elliot Dawkins

Cross Country Coordinator

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CROSS COUNTRY CARNIVAL – CONCUSSION CLEARANCE PERMISSION

I have read the Concussion Clearance overleaf and give consent for my child to participate.

Child's Name _____ Child's Class: _____

Parent/Carer's Signature: _____ Date: _____



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Concussion Clearance

- The Australian Medical Association recommends students being symptom free of concussion for 14 days before returning to sport.
- If your child/ward sustains a concussion, or experiences any concussion symptoms, in the 14 day period prior to the event commencing, you must report this to team officials, and a medical clearance is required in order for your child/ward to participate in the event.
- Medical clearances can be attached to this consent form or can be submitted to team officials separately.

Important information

In the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity. The Department's public liability cover is fault-based and limited to breaches by the Department of its duty of care to students that may result in claims for compensation.

Parents/Carers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, school sport zone, region and state school sport Associations when deciding whether additional insurance cover is required prior to their child's involvement in the program. Personal accident insurance cover is available through normal retail outlets.

Parents/Carers who have private ambulance cover need to check whether that cover extends to interstate travel and make additional arrangements, as considered appropriate.

The NSW Supplementary Sporting Injury Benefits Scheme, funded by the NSW Government, provides limited cover for serious injury resulting in the permanent loss of a prescribed faculty or the loss of use of certain prescribed parts of the body. The Supplementary Scheme does not cover medical costs or dental costs. Further information can be obtained from <https://www.icare.nsw.gov.au/injured-or-ill-people/sporting-injuries/payments/#gref>.

Further information regarding student accident insurance and private health cover is provided at:

<https://app.education.nsw.gov.au/sport/file/1449>.

PLEASE READ CAREFULLY AND GIVE CONSENT ON THE ATTACHED PERMISSION NOTE.

Parent/Carer Acknowledgment and Consent

By signing consent on the permission note, you are agreeing to the following terms.

- I have read the information provided and I hereby consent to my child/ward participating in this event.
- I acknowledge that if my child/ward sustains a concussion, or experiences any concussion symptoms, in the 14-day period prior to the event commencing, I am required to report this to team officials. I further acknowledge that, should this occur, my child/ward will only be permitted to participate in the event, if a medical clearance is provided.
- I can confirm that I understand that, in the event of injury, no personal injury insurance cover is provided by the NSW Department of Education for students in relation to school sporting activities, physical education lessons or any other school activity.
- In the event of any accident or illness, I authorise the obtaining, on my behalf, of an ambulance and any such medical assistance that my child/ward may require. I accept full responsibility of expenses incurred.